

# MVN TIMES

JUL-SEP 2019



*The positive thinker sees the invisible, feels the intangible,  
and achieves the impossible."*

*– Winston Churchill*

# THE POWER OF POSITIVE THINKING

*Positive thinking is one of the key factors that can lead you to the path of success. IT is nothing but the art of turning failures into lessons, to focus on the brighter side of life, to find humour even in a difficult situation and to expect positive results.*

*It is rightly said, "If you don't like something, change it but if you can't change it then change the way you think about it. It is true that a man sees in the world that he carries in his heart.*

*Negative thinking has an immediate, destructive impact on one's life that hinders a person from reaching his goal. A person with a negative attitude may experience feelings of sadness, depression, apathy, anxiety, fear and low esteem but a person with a positive attitude is always prepared to meet greater challenges in life and is able to overcome the obstacles easily.*

*In order to bring positivity in your life try to practice gratitude, smile often and do something kind. It also becomes imperative to watch your thoughts, words and actions. Let your thoughts guide your actions and actions shape your character.*

*A positive frame of mind will always generate happiness, improve relationships and attract success in life.*

*Ms. Sumita Banerjee*

*(TGT English)*

# SPECIAL ASSEMBLIES

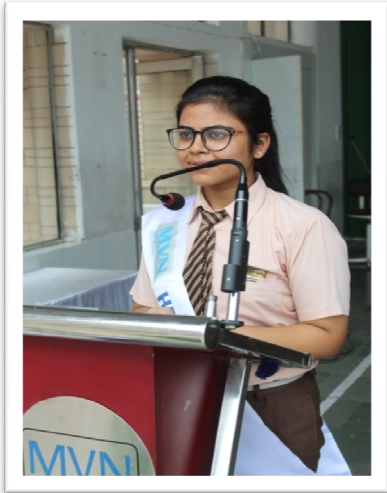
*We are what we repeatedly do. Excellence, then, is not an act, but a habit.*

*–Aristotle*

## INVESTITURE CEREMONY 2019-20

MVN celebrated its Investiture Ceremony for the session 2019-20 with great zeal and fervor. The momentous morning began with the stirring invocation of Lord Ganesha, the bestower of all that is auspicious followed by a soulful, musical rendition eulogizing the spirit to persevere and transcend all the barriers to excellence. A glorious March Past ushered in the Student Council for 2019-20. The outgoing Council handed over the flag to the new office bearers. The Council members took an oath of fostering the spirit and the tradition of the school with all due diligence, dedication and leadership. Sashes and Badges were presented to the Student Council by the Principal and the Coordinators. The Head Boy and the Head Girl addressed the assembled gathering pledging a sincere commitment to the cherished ideal of the school to bring true felicity and prosperity to all, the society, the nation and the whole humanity. The event concluded with an inspiring talk by the Principal exhorting the leaders of tomorrow to become role models as it is only a leadership with a far reaching vision, an iron will and humility that can find a panacea for both, the mankind and mother earth.

<b>STUDENT COUNCIL(2019-20)</b>	
<b>HEAD BOY</b>	VISHWAS GUPTA
<b>HEAD GIRL</b>	CHHARVI CHAWLA
<b>ASSISTANT HEAD BOY</b>	ASHIT TYAGI
<b>ASSISTANT HEAD GIRL</b>	CHHARVI NEGI
<b>SPORTS PREFECT</b>	KRITIKA GUPTA
	BHAVIKA
<b>CULTURAL PREFECT</b>	SARTHAK NARULA
	ARSH JAMAL
<b>DISCIPLINE PREFECT</b>	RUMJEET KAUR
	ISA HASAN



# INVESTITURE CEREMONY

## (CLASSES VI - VIII)



In order to scale the heights and reach the Pinnacle of success, MVN always strives to inculcate a sense of responsibility and commitment among the students. The investiture ceremony is a solemn occasion, where in all the young students take the oath to don the mantle of leadership and responsibility with utmost dedication. To give the students first hand experience of administrative body, the School Prefectorial was appointed for the Classes VI-VIII. It was a proud moment for the entire School to witness their leaders being invested with great responsibilities on the 9th of August, 2019. The newly appointed Council members were adorned with badges by the School Principal on this prestigious occasion of investiture ceremony. The school Principal Ms Agalya Venkatesh showered her blessings on the Student Council and appreciated the efforts of the students in her speech. Speaking on the occasion the coordinator of middle wing Ms Tanu Khatter highlighted the importance of being a leader and its tall order to shoulder responsibilities, values and ethics. The ceremony ended on a happy note with a dance performance.

# CELEBRATING INDEPENDENCE DAY

India's 73rd Independence Day was celebrated with much enthusiasm and fanfare on 13<sup>th</sup> Aug' 2019. A special assembly was organized by the students of Class VIII B, who expressed their gratitude to the brave hearts of our nation. The programme began with a poem to keep alive the flame of patriotism, followed by motivational and inspiring speech. The students rendered a patriotic song which was followed by a dance performance that rekindled student's feelings towards our motherland.

It was indeed a day of joy, love and respect for the country and the students resolved to make India a better place to live.

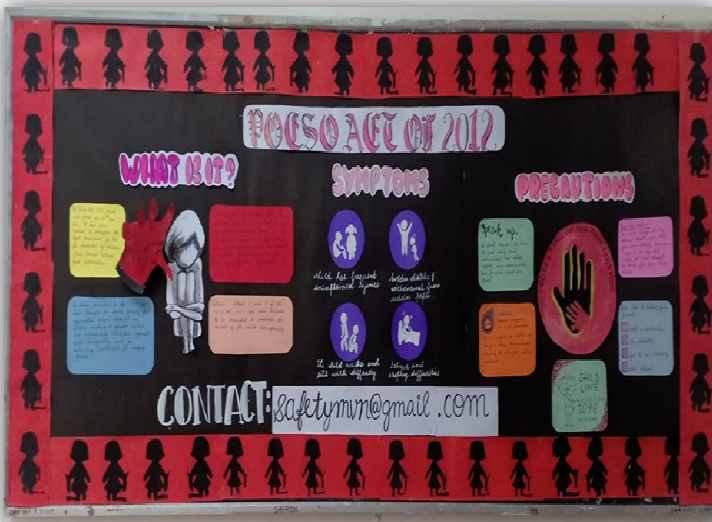


# POCSO ACT

“When you feel caught in a web of childhood abuse, find words to describe it.” To create awareness about it, students of grade VI-VIII conducted an educative and informative assembly on POCSO (The Protection of Children from Sexual Offences) ACT.

The government enacted the POCSO ACT 2012 to curb the menace of child sexual abuse which provides a legal framework for protection of children from sexual assault & harassment.

Through the medium of role play, poem & song; students created awareness about how to develop proactive approach towards such issues, identifying and learning the steps of prevention, mitigating the lasting effects of child sexual abuse and about the stringent laws to curb it. Ms. Archana Bapat, Counselor, also shared vital information through a Power point presentation and addressed the children on this sensitive topic.



# JANMASHTAMI CELEBRATIONS

Janmashtami is celebrated with fervour throughout the country. It marks the birth anniversary of Lord Krishna who is an incarnation of Lord Vishnu as per Hindu religion. The birth of Lord Krishna marks the end of darkness and rooting out of the evil forces dominating the earth.

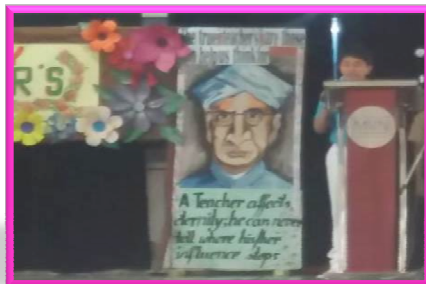
Celebrating this pious occasion, students of Class VI and VIII performed a skit on diverse 'leelas' of Lord Krishna illustrating the fact that whenever there will be dominance of malevolence 'He' will reincarnate to destroy the Evil and save the Good. It was nonetheless brought to life through a scintillating dance performance by the students. This was followed by a group song presented by music choir which left all transfixed.





# MVN CELEBRATES AND HONOURS TEACHERS'

*"A good teacher is a doctor who heals ignorance  
and an artist who inspires creativity."*



The morning of September 5, 2019 witnessed the entire school congregated in the assembly ground to pay obeisance to their mentors and above all, to pay their reverence to the Founder Principal Sir Shri Gopal Sharma. The pious assembly commenced with Guru Vandana. Ms. Agalya Venkatesh, the Principal addressed the assembly and exalted the indispensable significance and contribution of teachers in students' lives. She observed that a teacher is the backbone of a society and like a prudent potter, shapes and moulds their future. She reminded the young student community that there is lot more to their teachers than just class room teaching.

The morning saw an array of captivating events such as songs, poems, thoughts and a standup comedy, but the most awaited event was the exciting 'Games for Mentors'. All the teachers were divided into teams and all the teams vied for a position and cheered for each other. While the Winning and Runner Up Teams were presented sashes, all the mentors were reverently gifted handmade, thoughtful scrolls as mementos.

The radiant assembly concluded with a 'Note of Gratitude' to all the adroit mentors of MVN.

# GANDHI JAYANTI AND DUSSEHRA

**DUSSEHRA SIGNIFIES THE VICTORY OF GOOD OVER EVIL.  
THE EVILS AROUND YOU VANISH BY THE VIRTUE OF THE GOODNESS WITHIN YOU**



Marking the triumph of good over evil, the students of Classes VI-VIII celebrated Durga Navami and Dussehra.

Students of Class VI presented a beautiful dance to seek blessings of Mother Goddess Durga. It was followed by a skit which depicted the victory of Lord Rama over the demon king Ravana. The students presented a play "Ravan abhi Zinda hai" which demonstrated the deep seated evil emotions such as ego, hatred, hypocrisy and animosity in modern life which we must expel from our hearts for the establishment of a better society.



To commemorate 150th birth anniversary of Mahatma Gandhi, the students of Class VIII presented a skit highlighting the important events of Bapu's life which inspire everyone till today. They also presented a dance and an informative quiz which emphasized the principles of life that Gandhi ji advocated such as discipline, faith, peace, honesty, non-violence and patience.



# THE BRAVURA

AIMING AND ACHIEVING IS OUR MOTTO AND TRADITION!!

With immense sense of exhilaration, we present the path breaking achievements of the school and its students to you.

## MVNITES SHINE AT THE NATIONAL LEVEL

### 7 SELECTIONS IN NTSE FINAL STAGE 2019

Our young and industrious MVNites have yet again registered a sparkling accomplishment, as they cleared the second and final round of NTSE - National Talent Search Examination - 2019 and entitled themselves to coveted scholarship.



# MVN WIZARDS ACE PRMO - 2019

MVNites shine at the  
**PRE- REGIONAL MATHEMATICAL OLYMPIAD.**

25 students brought laurels to themselves and the School by  
qualifying for RMO to be held in Oct 2019.

## PRMO RESULT

### 25 MVNites Qualified for RMO



VATSALYA JAISWAL  
(IX)



LAKSHAY GARG  
(IX)



AYUSH SHARMA  
(X)



KESHAV VARSHNEY  
(X)



RIYA BEHL  
(X)



VIBUDH GUPTA  
(X)



AKSHAJ MANCHANDA  
(XI)



DAKSH CHAUDHARY  
(XI)



OJASVI BANSAL  
(XI)



PULKIT MADAN  
(XI)



RISHIT SINGLA  
(XI)



SIMRAN SINHA  
(XI)



YASHIKA GUPTA  
(XI)



CHETANYA GOENKA  
(XI)



MOHIT KUMAR  
(XI)



AYUSH AGRWAL  
(XI)



HARSHIT CHAUHAN  
(XI)



LAKSHAY BANSAL  
(XI)



SAKSHAM VASISHTH  
(XI)



VIVEK KUMAR  
(XI)



ADIT JAIN  
(XII)



KARMANJYOT SINGH  
(XII)



SHASHWAT SHARMA  
(XII)



SOURAV ANAND  
(XII)



YASH MALIK  
(XII)

## A DREAM DOESN'T BECOME REALITY THROUGH MAGIC; IT TAKES SWEAT DETERMINATION AND HARDWORK



MVNites earned laurels by showcasing their creative skills in Annual fest- Inspiration 2019 held on 7th and 8th Aug' 19 at Eicher School, Faridabad and clinched four positions in various competitions and the OVERALL SCHOOL TROPHY.

EVENT	CLASSES	STUDENTS' NAME	POSITION
EUPHORIA (TAP YOUR FEET)	I & II	Rupashi Vashney, Pragnay Gupta, Tiana Sethi, Blossom Kaur Kochhar, Bhavin Chopra, Kartikey Matta	FIRST
LIVELINESS (CLASSICAL DANCE)	V & VI	Ananya Singh, Navya Goel, Pranika Sharma, Anushka, Sejal, Tanusha, Aashi, Shreya Chauhan, Bhavya Arora, Anshika, Priyanshi Aggarwal Pandey, Myra	FIRST
INDULGENCE (POSTER MAKING)	VII & VIII	Dishi, Pratham Nandwani	THIRD
FELICITY (BAND PERFORMANCE)	XI & XII	Dibyam Kumar, Kshitij, Charvi Chawla, Girish, Prarthna, Vishwas, Shreyansh, Sarthak Narula, Jyotsna Iyer, Abhik	SECOND



# “THE BEST VIEW COMES AFTER THE HARDEST CLIMB”

NAME OF THE EVENT	CLASS	STUDENT'S NAME	POSITION
INTROSPECTION (DEBATE)	XI	SAMIKSHA CHAWLA	FIRST
		BHAVIKA	
		BHAVIKA	BEST ORATOR
TECHNODIUM GROOVY TECHIES (POWER POINT FLYIER)	VII	SANYAM GOEL	FIRST
		KRUTIKA VASHISHTHA	
SKILL AND THRILL (PORTRAIT)	X	ARUSHI	SECOND
POWER PUFF KIDS (POWER POINT PRESENTATION)	V	SAVYA CHOPRA	THIRD
		AASHVIK JHA	
FRENCH FIESTA (POWER POINT PRESENTATION)	IX	KABIR BHATIA	THIRD
		ARIN CHHABRA	

The students of Classes V-X participated in a number of challenging and fun events in Annual Interschool Fest - GOONJ '19' and secured various positions. The event was held at Grand Columbus International School, Faridabad on 3rd August, 2019.



# TWINKLE TOES TRANSCEND THE ORDINARY...

The students from Class VI - IX bagged the First Prize at the Inter School Dance Competition "ANUBHUTI" held at DAV Public School, Sector-14 on 22nd August, 2019.

The students amazed the audience and judges by their splendid performance titled "GOONJ" and brought home accolades. Their performance focused on the theme of Indian festivals got standing ovation from the audience.



# ART COMPETITION



Grade X students won accolades in the Art Competition, 'Artistic Impressions' held at Apeejay Svrn Global School on Friday, 23 Aug' 19. Arushi, Deepanshu and Meisha, of Grade X brought laurels to the school by securing the first position in wall painting. Their beautiful Lord Ganesha Painting mesmerised the onlookers and the judges alike. Tanisha of Grade IV was awarded with the 'Special Mention Prize' in the Origami Art.





# INTER SCHOOL IT COMPETITION

The students from Classes III - X participated in 'TECHNO-CON' - an Inter School IT Competition held at The Modern School, Faridabad on 31st August 2019 and secured various positions in different categories. The participants showcased their talent and were greatly appreciated by the audience. It was an enriching experience for the students.



EVENT NAME	CLASS	STUDENT'S NAME	POSITION
QUIZ WIZ	IX & X	TANMAY PARIHAR TATSAM RANJAN SHARMA	II POSITION
PHOTOMATIVE	IX & X	RAGHAV VERMA VAIBHAV VASANT	II POSITION
COLOUR SPLASH	III & IV	PEEHU MANGLA YASHASVI AGARWAL	III POSITION



# DECLAMATION COMPETITION (CLASSES VI & VII)



The principal task of Ramakrishna Mission envisioned by Swami Vivekananda is to propagate and cultivate the twin ideals of 'Work is Worship' and 'Inherent Divinity' in every soul. To bring out the message and mission of 'Oneness' the students of classes VI and VII participated in a Declamation Competition. The topics of Declamation were based on the aims and ideals of Ramakrishna Mission which are perfect in prevailing scenario of our modern world. One's belief in his inherent potential and strength can keep everyone strong. Living in harmony is the backbone of any social system. Leadership and service before self are the basic requirements to develop a nation.

The Students spoke with immense confidence and preparation. They were able to meet the purpose of conveying these messages to their fellow friends with clarity and profoundness.

# WORKSHOPS

## PAUSE..... THINK AND ACT

Class IV to VII had an interactive counselling session on BULLYING and other behavioural issues with Ms. Archana Bapat on 23rd July'19. The session PAUSE..... THINK AND ACT made the students aware of the importance of positive and negative influences around them and encouraged them to take the righteous action.



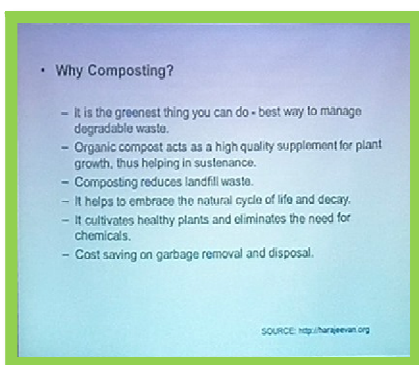
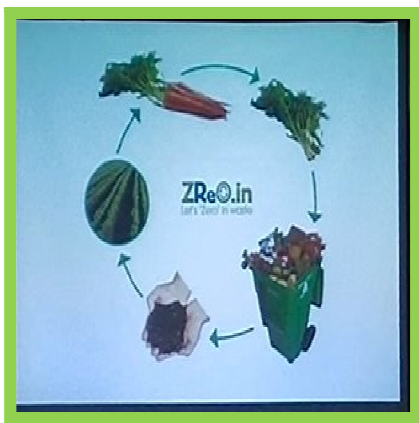
# REDUCE, REUSE, RECYCLE AND REFUSE

As conscientious future citizens of India, we at MVN are committed to protecting and preserving our planet. It is a pressing need of time that the young Indians are guided about Waste Management. India generates hundreds of million tonnes of Garbage yearly. As responsible citizens we have to fulfill responsibility towards the waste WE GENERATE.

“Waste will no more be waste, as long as we give it its rightful place.”

Students had an informative and motivating workshop on Zero Waste Management by Mr. Rohit Chawla (Resource person from Safai bank of India), wherein they gained valuable information about segregating waste, Multi Laminated Packaging and its disposal. It is a simple and effective mechanism to dispose millions of waste items efficiently without littering the planet.

#zeroway #safai bank of India #REDUCE, REUSE, RECYCLE AND REFUSE



# AWARENESS SESSION POCSO ACT, 2012



In today's Era, when the crimes against children are increasing at such an alarming rate, it has become necessary for the children to be aware of their rights and the authorities they can approach in case of such situations. In order to address this grave issue, Ms. Garima Singh Tomar, DCPO (District Child Protection Officer), Faridabad and Ms. Sonia Sharma, CPO (Child Protection Officer), Faridabad conducted a workshop on September 16, 2019. The workshop discussed the POCSO Act, 2012 which deals with protection of children against sexual offences, one of the most serious matters of concern in the current scenario. Beginning with what POCSO Act is, students were briefed about various categories of offences and crimes that come under POCSO along with the schemes such as 'Integrated Child Protection Scheme' which are made to protect the victim and the 24x7 available 'Childline'. The punishments under POCSO were emphasized and the most recent amendment of 'Death Penalty' was also highlighted. Various methods of protecting oneself from these offences were made very clear. All in all, it was a very informative and enlightening workshop.



# CAREER COUNSELLING

A Career guidance workshop was organised on 6th Sep 2019 to help the students of class X in making an informed career choice suitable to their career goals and avenues, keeping in mind their capabilities, interests and aspirations. The workshop was conducted by a renowned resource person, Mr. Hans Kumar, who explained to the avid audience, the nuances of stream selection and Mr. Hans brought home the point through an extensively well researched PPT that informed about the avenues in each stream, the institutes offering the courses and the eligibility criteria of getting admission to those courses in different universities. The workshop ended with an interactive session with the students. Their inquisitiveness about various streams was effectively answered by Mr. Hans.



# FIT INDIA CAMPAIGN



Health is not just the absence of disease or illness; it is the condition of a person's mind and body.

To emphasize on the same, the honorable PM of India, Mr. Narendra Modi launched the Fit India Campaign on 29th Aug, 2019 on the occasion of National sports Day and to commemorate the birth of Indian hockey legend, Sh. Dhyanchand. The students watched the programme live and felt overwhelmingly connected to his words. His influential speech made the students reflect on the ill-effects of technology and adopting/practicing Yoga as a way of life.



# BE THE REASON SOMEONE SMILES



“Small acts, when multiplied by Millions of people, can transform the world.” MVNITES took a step towards bridging the gap between them and their counterparts from underprivileged section of society and visited Upkar Uchcha Vidyalaya, Hasanpur, an NGO working for orphans. Students of classes X along with teachers and the school counsellor spent the day at the NGO and shared their time, knowledge and some goodies as well. The school counsellor took a motivating session urging students not to focus on what they lack in life; rather focus on what they have and give their best to life. The learning was two-way. It was an emotionally fulfilling day for everyone.



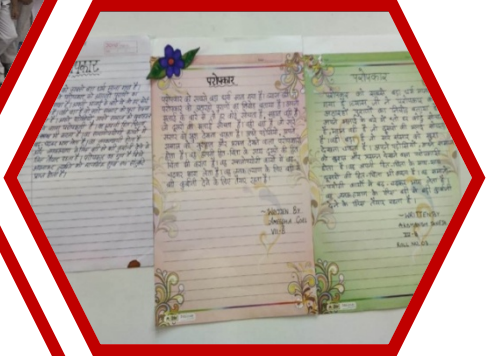


# खाम्बी गाँव के प्राथमिक विद्यालय की अविस्मरणीय यात्रा



दिनांक ३ सितम्बर २०१९ को एम०वी०एन० - १७ के दशमी कक्षा के छात्रों ने खाम्बी गाँव के प्राथमिक विद्यालय (कक्षा नर्सरी से पांचवी तक) के छात्रों से मिलकर जो खुशी व्यक्त की, उसे शब्दों में व्यक्त नहीं किया जा सकता। विशेष कर नर्सरी के बच्चों से मिलकर ये छात्र फूले नहीं समा रहे थे। एम०वी०एन० - १७ के छात्रों ने खाम्बी प्राथमिक विद्यालय जो एम०वी०एन० के संस्थापक श्री गोपाल शर्मा के नाम से संचालित है, के छात्रों को अपने स्नेह-उपहार के रूप में काँपी, पेंसिल, रबर, कलर बॉक्स, बिस्किट आदि देकर वहाँ के बच्चों का दिल जीत लिया। प्रकृति के सुरम्य प्रांगण में स्थित खाम्बी का मनोरम विद्यालय सर गोपाल शर्मा के स्वप्न को साकार कर रहा है, इसमें कोई संदेह नहीं। खाम्बी का यह चैरिटेबल विद्यालय निशुल्क शिक्षा देकर हजारों गरीब बच्चों की मूल्य परक तथा श्रेष्ठ शिक्षा के लिए मील का पत्थर बन गया है।

# ACTIVITY CORNER



# SPORTS SPHERULE

*Good Players Inspire Themselves, Great Players Inspire Others:*

*We proudly present our sports stars who are presently in this journey, a journey  
from good to great.*

## PROUD PARTICIPATION AT COMMON WEALTH!!



Devaanshee Agarwal of Class VIII made us proud by participating in the Common Wealth Chess Championship 2019 organised in New Delhi from 1st July to 7th July 2019.

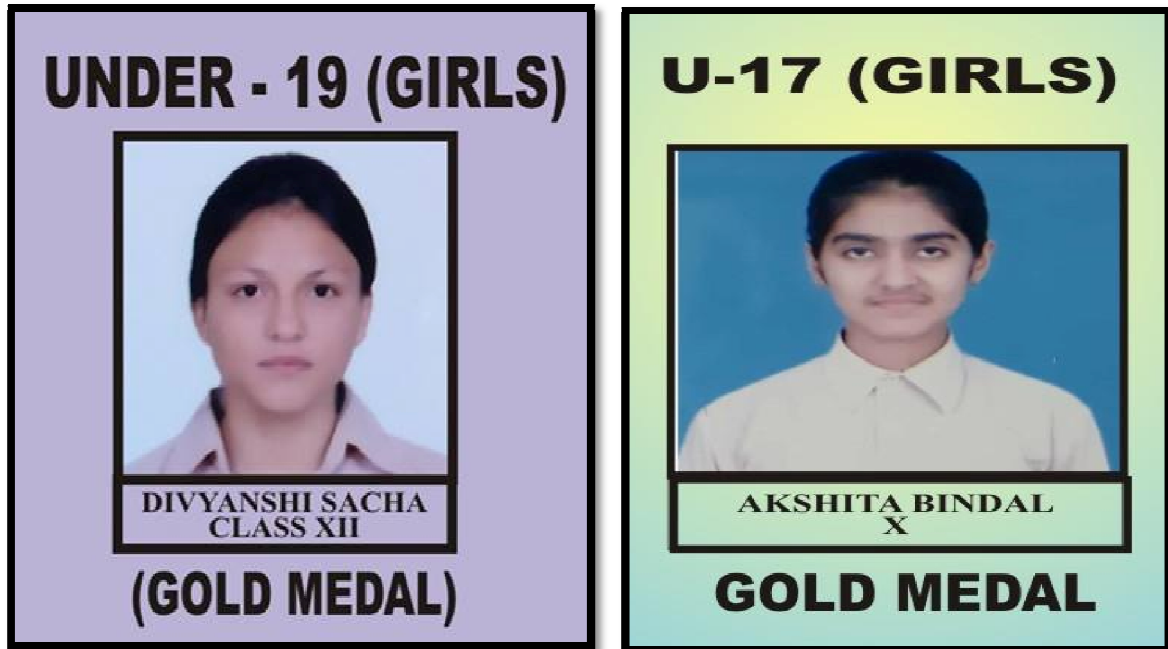


# MVNITES EXCEL IN BASKETBALL AT DISTRICT LEVEL



Students of MVN earned laurels in the U-14 Boys Category in Basketball by lifting the Runners-Up Trophy at the Open Basketball Tournament held at Takshila School, Faridabad on 19th and 20th July 2019.

# FARIDABAD DISTRICT COMPETITIONS



Kudos to our champions who made us proud by winning various positions in Faridabad District School games SGFI.

Divyanshi Sacha, student of Class XII proved her excellence by winning GOLD MEDAL in Faridabad District School Games' SGFI in TAEKWONDO Championship (Under 19 Category) held at Govt. Sr. Sec School, Samaipur.

Akshita Bindal, student of Class X, exhibited her deft skills in Judo Competition (Under 17 Category) and won a GOLD MEDAL in Faridabad District School games' SGFI held at Sports Complex Sec-12

# KUDOS TO OUR CHAMPIONS

## U-19 (GIRLS)



LAVANYA ARORA  
X

**SILVER MEDAL**



DEEVAANSHI AGARWAL  
VIII

**SILVER MEDAL**



AARUSHEE MALIK  
VII

**BRONZE MEDAL**

Lavanya Arora, Class X and Deevanshee Agarwal of Class VIII won Silver Medals in SGFI State Championship held at DAV Sr. Sec School, Shahbad during 3rd Sep 2019 to 5th Sep 2019.

Aarushee Malik, Class VII won Bronze medal in CBSE Taekwondo State Championship in Girls U-14 Category, held at Rajender Public School, Panjuwana, Sirsa during 6th Sep 2019 to 11th Sep 2019.

*A positive attitude brings  
much gratitude! Think  
positive, Be positive,  
Speak positive and stay  
positive. Do it every day  
and do it big.*